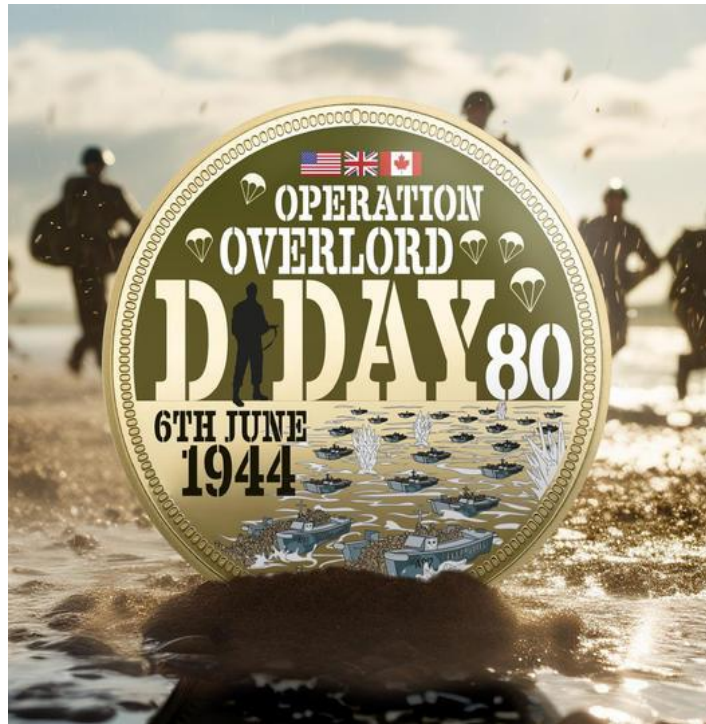


# HOSM GRAPEVINE

## *June / July 2024*



Photographs from Facebook – Westminster Mint and D Day Comrades



Hughes mushrooms are a leading player in the mushroom industry in the UK and Ireland and are a trusted supplier to many of the large UK retailers. With over 54 years of experience, the company operates from three sites, using state of the art facilities, designed and operated to the highest quality standards. Hughes Group have recently opened a 'world leading' mushroom growing facility on the outskirts of Holme upon Spalding Moor. This leading-edge facility is now looking to grow its team to match the demands of customers.

Tel: 01904 437140 Email: [HowdenHR@hughesmushrooms.com](mailto:HowdenHR@hughesmushrooms.com)

**PEEL & Play**

**Introducing**

**SURPRIZE Fries**

**Now available at**  
**McDonald's Shiptonthorpe**

**Available from**  
**29th May - 22nd July**

**18+ TO PLAY**

18+. Peel on medium and large fry-boxes from 11:00 on 29th May until 23:59 on 2nd July 2024, subject to availability, serving times and Fair Ordering Policy. Prizes include cash, McDonald's food and merch. McDonald's (UK) app registration required to play a peel providing a chance to win in-app. Max 8 entries a day per app account and award of selected prizes may depend on entry at a pre-allocated winning-moment. Prizes are subject to conditions, may require online redemption and may be subject to claim verification. Enter 10 game-piece codes (excl. codes on Instant Win peels) in the app and receive 2500 Rewards points (with limit of 3 entries into collect game mechanic per app account). Opt-in to MyMcDonald's Rewards before 23:59 on 9th July to receive Rewards points. Redeem points on selected items only via app at participating restaurants. Prizes must be claimed by 9th July 2024. Prizes lapse if not awarded. UK residents only. For full T&Cs (including details of prizes and prize-pool) see mcduldas.co.uk. © 2024 McDonald's



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www.jgfielderandson.co.uk




48 - 50 MARKET PLACE  
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YO42 2AH

84 and 50  
HIGH STREET  
HOLME-ON-SPALDING-MOOR  
YORK  
YO43 4EN

Tel: 01430 860239  
Email: info@laveracks.co.uk



# The Coffee Shop

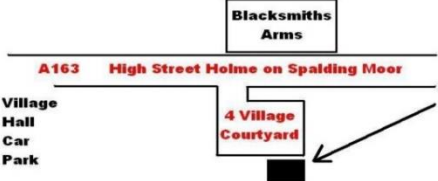






**Opening Times**  
Mon-Sat, 10 - 12  
(Closed Thursday)

The Coffee shop is volunteer run for the HOSM community by Holme Christian Fellowship.  
For Further details contact Robert Templey on 01430 860997 or  
E-mail: contact@holmechristianfellowship.org



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2 Village Courtyard & telephone number 01430 860953

**THE DEADLINE FOR THE FUTURE GRAPEVINES**

**PLEASE NOTE CHANGE OF DATES AND OCTOBER / NOVEMBER WILL  
NOW COVER THE CHRISTMAS PERIOD**

**FRIDAY 19<sup>TH</sup> JULY FOR AUGUST / SEPTEMBER**

**WEDNESDAY 25<sup>TH</sup> SEPTEMBER FOR OCTOBER / NOVEMBER**

**Please note the dates are subject to change and they are for  
indication information only, but you will be informed when  
reminders are emailed to you.**

### **DISCLAIMER**

Every effort will be made to ensure all items are present and correct. There may be the odd occasion that items will be edited so as to fit the page limits or held back until the next issue. Grapevine is produced and edited by a volunteer. The placing of adverts in Grapevine does not mean any endorsement by the publishers or parish councillors.

### **GRAPEVINE**

Grapevine is collated and edited by Mike Worsey and emailed to all those that have requested it. If you decide that you no longer wish to receive Grapevine, you can cancel it by sending an email to [mjw.grapevine@gmail.com](mailto:mjw.grapevine@gmail.com) and you will be removed from the distribution list. This note is to comply with data protection rules.

### **ROAD AND FOOTPATH MAINTENANCE**

Any resident can use the ERYC online LINK to report a pothole or issues with roads, footpaths or kerbs, private road adoption, road resurfacing issues and schedules.

The more reports, the quicker the repairs (subject to available funding):  
<https://www.eastriding.gov.uk/.../road-and-footpath.../>

Select "Can I report an issue with a road, footpath or kerb?"

Where the issue is located i.e., "Road" or "Footpath" and "Pothole" then follow the prompts which establish as near as can where the pothole is. Log in/register and fill in the online form with as much detail as possible.

If the issue is dangerous to pedestrians or road users, as this is an emergency issue outside of office hours, please report it immediately to (01482) 393939.

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# MEADOW

We are Meadow, the experts in sustainable dairy, confectionery and plant-based ingredients. We partner with leading food manufacturers to solve their most complex challenges and we're proud to be the essential ingredient in many of the world's best-known food brands.



Meadow operates from five large scale, well-invested UK food production sites in Holme on Spalding Moor, Peterborough, Chester, Dolgellau and Headcorn. Each has unique capabilities and a growing team of experts, providing the capacity and flexibility to service our customers' dynamic requirements.

[www.meadowfoods.co.uk](http://www.meadowfoods.co.uk)

01430 860377

## **COVID-19 'Spring Booster' booking open**



The NHS national booking system opened again for spring COVID-19 vaccination bookings on Monday, 15 April, with those eligible able to book appointments from next week.

Residents at increased risk from severe illness can get the vaccine, including those aged 75 or over (on 30 June 2024), people with a weakened immune system or those who live in an older adult care home.

Spring vaccinations will be available until Sunday, 30 June 2024.



**The next repair cafes are: -**

Saturday 8<sup>th</sup> June and Saturday 21<sup>st</sup> September

Held at Pocklington Scout Hut, Burnby Lane,  
Pocklington, YO42 2QB between 1pm and 4pm

## **HOLME ON SPALDING MOOR - FLOWER BEDS 2024 / 2025**

**HOSM Parish council would like to thank the following sponsors of our flower beds for their continued support.**

**Meadow Foods Ltd**, Station Lane, YO43 4AN 01430 860377  
meadowfoods.co.uk

**Laveracks**, 84 and 50 High Street, 01430 860239 email  
info@laveracks.co.uk

**The Coffee Shop**, 4 Village Courtyard, behind Bowlsweat

**Fielders**, 73 Market Place, Market Weighton 01430 871474

**Hughes Group**, mushrooms. Howden Road, Howden, Yorkshire, YO43 4BU. Tel: 01904 437140 Email:  
HowdenHR@hughesmushrooms.com

**Kirsty's Salon**, 2 village courtyard & number 01430 860953

**McDonalds**, Shiptonthorpe

**Marriages** – WHM Pet Group, High Street.  
<https://www.marriages.co.uk/>

**Peter Wiles memorial garden in recognition for all the work he performed as handyman.**

## **PARISH COUNCIL FACEBOOK GROUP**

The parish council now has its own Facebook Group where you will be able to find the agenda and minutes of meetings: - holme upon spalding moor parish council

## **HOLME ON SPALDING MOOR PARISH COUNCIL May 2024**

Helen Williamson (chair) 07771 914974

Grant Walker (vice chair) 07510 714911

Ann Dowson 01430 860070

Edward Smith 07710 183376

Iona Sapcote – details on PC website Tim Laverack 01430 860320 and  
07801 213377

Richard Pickering 07740 171251

Amanda Gupta 07515 648890

Margaret Hobson 01430 860890

David Marsh 07932 142995

Lynne Marriage 07974 944162

David Marsland 07809 770427

### **WARD COUNCILLORS**

Victoria Aitken 07721 411620

Linda Bayram 07956 310720 and Nigel Wilkinson 07903 725436

Parish clerk – Su Todd [hosmclerk@outlook.com](mailto:hosmclerk@outlook.com) 07840 800614

**Please note that parish councillor Bill Shaw has resigned as he no longer lives in Holme on Spalding Moor. Madge Johnson is no longer a member of the parish council.**

### **PARISH COUNCIL MEETINGS**

Parish Council meetings are held on the third Wednesday of the month, except the month of August when there will not be a meeting. For more information contact the parish clerk - see above for details

Agendas and Minutes can be viewed on the Holme on Spalding Moor Parish Council website: [hosmparishcouncil.co.uk](http://hosmparishcouncil.co.uk) Scan the QR code to view.



# HOLME ON SPALDING MOOR COMMUNITY DAY SATURDAY 25<sup>TH</sup> MAY 2024

## Notes and photographs courtesy of Amanda Gupta

What an incredible day at the HOSM Community Fun Day!



We had a fantastic turnout, and it was heartwarming to see so many people enjoying themselves. A special shoutout to everyone who participated in the dog competition -



Your furry friends were the stars of the show!

Thanks to your amazing support and generosity of sponsors and everyone who helped on this brilliant day.



**We raised an impressive £700 for The Village Hall!**

Thank you all for making this day so special. Let's keep the community spirit alive!





## **THE FUTURE OF GRAPEVINE**

I have been the editor of Grapevine for 6 years and have therefore decided to have a break and will be standing down after the November 2024 issue.

November marks the end of the flower bed sponsorships, and it seems to be a good time to allow someone else to take over the reins.

I have informed the chair of the parish council of my decision, and it will be discussed at the June parish council meeting.

Hopefully they will agree that it should continue if a new editor can be found. So over to you.

I currently produce Grapevine as a Word document every two months and it is also saved as a PDF file (a straightforward process) for distribution by email. There is also a mini-Grapevine version that is printed, and copies are held at Margaret's DIY.

Information is received from the various clubs and associations within HOSM plus other important information from Neighbourhood Watch and Humberside Police.

If you are interested in taking over, then please email me at [mjw.grapevine@gmail.com](mailto:mjw.grapevine@gmail.com). to discuss a way forward.

## Councillor Linda Bayram elected as new chairman of East Riding of Yorkshire Council

📅 17 May 2024



Councillor Linda Bayram has been elected as the new chairman of East Riding of Yorkshire Council following the authority's annual general meeting.

COUNCILLOR LINDA BAYRAM has been elected as the new chairman of East Riding of Yorkshire Council following the authority's annual general meeting.

Councillor Bayram, who has been vice chairman for the last year, has served for nine years as a Conservative councillor representing the Howdenshire ward on East Riding of Yorkshire Council.

A resident of North Cave, Councillor Bayram sits on the council's children and young people overview and scrutiny sub-committee, the health, care and wellbeing overview and scrutiny sub-committee, and the Licensing Act 2003 committee.

## **CLUBS AND GROUPS**

|                                                        |                                                        |
|--------------------------------------------------------|--------------------------------------------------------|
| <b>Aerobics</b>                                        | <b>873064</b>                                          |
| <b>Army Cadet Force</b>                                | <b>07740 783689</b>                                    |
| <b>Badminton Club</b>                                  | <b>860830</b>                                          |
| <b>Beavers – Diane Hodder</b>                          | <b>07779 255104</b>                                    |
| <b>Bowling Club</b>                                    | <b>01430 861347</b>                                    |
| <b>Bridge Club</b>                                     | <b>07703 360391</b>                                    |
| <b>Cubs – Diane Hodder</b>                             | <b>07779 255104</b>                                    |
| <b>Holme Rovers: Juniors and Seniors</b>               | <b>860183</b>                                          |
| <b>HOSM Karate Centre: Oliver Willison</b>             | <b>07897 335959</b>                                    |
| <b>Men In Sheds – Andrew Crawford</b>                  | <b>07958 556888</b>                                    |
| <b>Pilates – Yvonne White</b>                          | <b>07702 221017</b>                                    |
| <b>Royal British Legion</b>                            | <b>860873</b>                                          |
| <b>Scouts – Diane Hodder</b>                           | <b>07779 255104</b>                                    |
| <b>Social Club: Derek Clayton</b>                      | <b>626050</b>                                          |
| <b>Village Hall Bookings</b>                           | <b>07930 891035</b>                                    |
| <b>Village Hall Committee: Richard Brook – Trustee</b> | <b>07701 065354</b>                                    |
| <b>Whist Club</b>                                      | <b>860303</b>                                          |
| <b>Tai Chi – Howard Gibbon</b>                         | <a href="http://HowardGibbon.com">HowardGibbon.com</a> |
| <b>Lucy Dickinson</b>                                  | <b>07805 004167</b>                                    |
| <b>Women’s Institute:</b>                              | <b>861082</b>                                          |
| <b>Slimming World – Claire Nutt</b>                    | <b>0770 8682146</b>                                    |

### **Regular Bookings at the Village Hall**

#### **Main Hall**

Monday – Tai Chi 10am – 11.00 am.  
Monday – Ladies Badminton 7pm – 8pm  
Tuesday – Karate 6pm – 8.45 pm  
Wednesday – Mothers & Toddlers 9am – 11.30 pm  
Wednesday – Ladies Badminton 2-3pm  
Thursday – Ladies Boxing 6.30 pm – 7.30 pm.  
Thursday - Slimming World 5pm and 6-30 pm

**Please note that Tai Chi on a Wednesday no longer operates.**

#### **Community Room**

Monday – Bridge 7pm – 9pm  
Tuesday – Pilates 6.30pm – 7.30pm  
Tuesday – Whist 2pm – 4pm (every fortnight)  
Wednesday – Yoga 9.30am – 10.45am  
Wednesday – WI 7pm – 9pm (first Wednesday of the month)  
Thursday – Slimming World 5pm – 7pm

# **Village Hall who is who?**

Richard Brook: Chair and Trustee

Pat Laverack: Vice Chair and Trustee

Anthea Waudby: Trustee

Carole Kean: Secretary and Trustee

Barry Denness: Trustee

Louise Ratcliffe: Trustee and Fund Raising/Entertainment

Ralph Work: President and Life Member

Ernest Smith: Life Member

Caretaker: Derek Clayton

The following agreed to be representatives for their groups:

Bowls: Andrew Readyhough

Bridge: Ruth Kerr

Holme Rovers: Richard Brook

**[villagehallbookings.hosm@gmail.com](mailto:villagehallbookings.hosm@gmail.com)**

**07930 891035**

## HOLME WI UPDATE

I was a bit out when last time I said warmer weather should be on its way as it did appear for a few days then reverted to the wet yet again. However, our members still turned out to hear Margaret Pickard's talk in April 'Failure can be Funny'. It was very funny too, in the comical way. Also at the meeting, we held our yellow raffle in aid of Marie Curie. It raised over £114 which included sales of the daffodil buttonholes and yellow knitted chicks containing a chocolate egg. This we presented to Pauline from Marie Curie.

May was our Resolutions meeting where members from all East Yorkshire WIs can vote on a resolution which will have been put forward by a WI member from any WI, an issue affecting us all. This year the vote was for the WI to call on the government to ensure more is being done to alleviate the problem of the shortage of NHS dentists. The final stage of the voting takes place in June at the Annual Meeting held at The Albert Hall in London. Any member can forward an issue they feel strongly about with the intention of it becoming a resolution for all members to vote on. This is an annual event.

On June 5th our speaker at Holme will have been Hannah Stamp from East Riding Archives talking about our local history. Look out for our posters around the village as well as on the Facebook Holme Community page for information on all our meetings.

Going back in the calendar, on 21st April seven of us attended the Spring Meeting of our East Yorkshire Federation of WIs held at the Mercure Hotel at Willerby. What a great day out it was. We were truly entertained by the antiques expert David Harper who had the meeting in stitches with his talk. He has some amazing facts about what went on behind closed doors in centuries past from eyebrows made from the skins of mice to the acquisition of false teeth from deceased soldiers. Not to be missed. The first speaker was Janet O'Toole, Head of Youth and Community Services at The Moorland Centre in Old Goole.

Members from all East Riding WIs generously donated many items of toiletry and sanitary wear. Janet's talk outlining her dedicated work at the centre was deeply thought provoking. A much-needed service and long May it continue.

Visitors to our monthly meetings on the first Wednesday of each month can look forward to a speaker, home baking with tea and coffee and all for £4 entrance fee. You might have visited our stall at the village hall on Saturday 25th May. If you did, we hope you found some useful WI information tempting you to pay us a visit. Throughout the year we hold a fund-raising quiz, also a coffee morning, both open to all the village. Our monthly excursions out for coffee continue on the second Tuesday following our meeting. Members meet on the village hall car park at 10am, plenty of lifts available. Visitors welcome. A good occasion to find out more plus

coffee and  .

For more information my number is 01430 861082 or our Secretary Janet on 07890 206085

## **Holme History Group**

Monday, 17 June

Children of the Titanic - Sheila Dixon

Monday, 15 July

The Battle of Towton – Tony Saxton

Monday, 19 August

AGM

All meetings start at 7pm and are at the Social Club. Admission £2.

Contact : Carole Kean, 01430 860382

carole.kean@hotmail.co.uk

# **HOLME ON SPALDING MOOR**

## **VILLAGE HALL AGM**

# **2024**

## **WEDNESDAY, 12 JUNE**

## **7pm Community Room**



# HOSM VILLAGE HALL

## NEW T'AI CHI BEGINNERS CLASS

WITH CHIEF INSTRUCTOR  
MASTER  
HOWARD GIBBON

MONDAYS 10-11am £6/SESSION

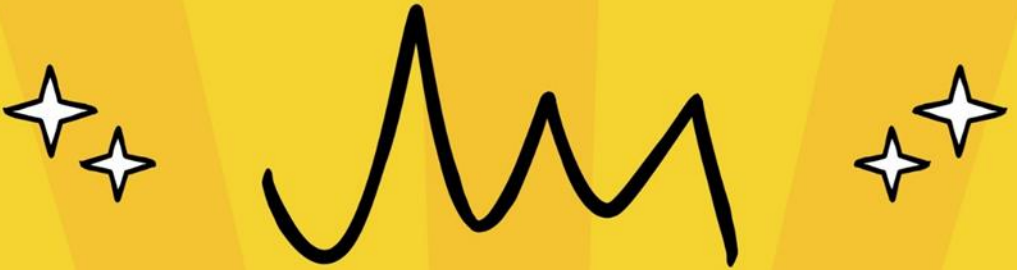


*All  
Welcome*

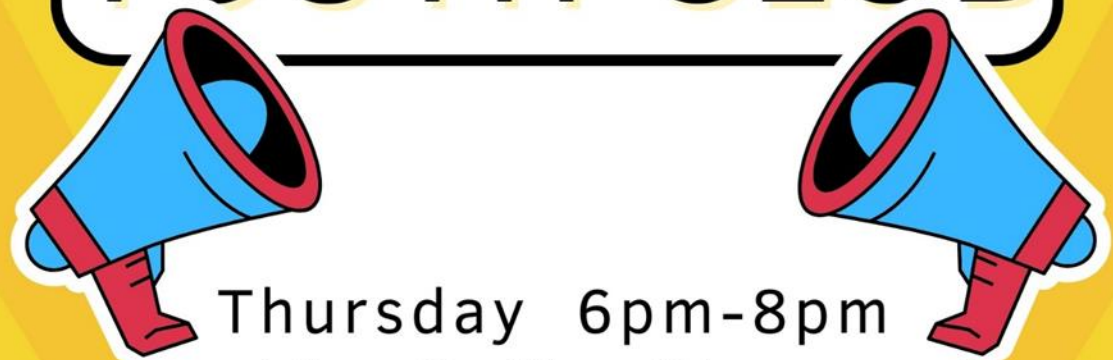


07562 608823

[WWW.HOWARDGIBBON.COM](http://WWW.HOWARDGIBBON.COM)



# YOUTH CLUB

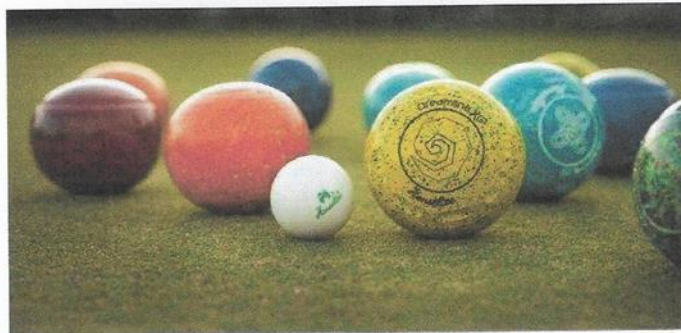


Thursday 6pm-8pm  
The Coffee Shop,  
The Village  
Courtyard.  
Games, Crafts, Free  
Food & Tuck Shop



**CONTACT:**  
**HOLMEFAMILYCONNECT@GMAIL.COM**

**H.O.S.M**  
  
**Bowls Club**



**FROM THE 30<sup>TH</sup> of JUNE WE OFFER A *50% DISCOUNT***

**If you enjoy outdoor sports and would like to try  
something new.**

**COME AND GIVE BOWLS A GO!**

**FREE TRIAL SESSIONS AVAILABLE AND ALL  
EQUIPMENT IS PROVIDED**

**PLEASE BRING A FLAT PAIR OF SHOES OR  
TRAINERS.**

**FOR DATES AND TIMES CONTACT US VIA OUR WEBSITE**

**[HTTPS://HOSMBOWLS.UK](https://hosmbowls.uk)**



## **Holme upon Spalding Moor Primary School**

### **Governing body vacancies are still required**

Do you have the skills and experience required to be effective as a governor of our local primary school? A governor will...

Have time and flexibility to attend at least 3 meetings a year of the full governing body, plus a further 3 meetings for each main sub-committee of which they are members, plus quite possibly further time spent linking with a particular class or learning about a particular subject and how it is developed through the school.

Have work or life experience and skills useful to the work of governors as a whole, and which complement the skills and experience of other governors.

At the moment we're particularly looking for people with finance expertise!

Commitment to working for the very best for every child, at every chance, and in every way!

Ability to be a 'critical friend' to the school as someone who wants the very best for everyone who attends.

Willing to undertake a DBS (Disclosure and Barring Service) check and to complete various training modules to familiarise yourself with the work of being a governor and to ensure we safeguard children's safety and welfare.

Ability to work as a team alongside other governors, school staff and others with a valid interest in the school (such as the local authority) to help secure the best outcomes possible.

I'm sure there will be other things needed too... but you get the idea? The school governing body currently has 2 vacancies for co-opted governors (from the community). If you feel you have the skills, qualities and experience we need, please get in touch for an informal discussion. In the first instance contact Caroline Pickard, Chair of governors:- [c.pickard@hosm.eriding.net](mailto:c.pickard@hosm.eriding.net)



## **SCHOOL CROSSING PATROL OFFICER NEEDED**

**FOR HOLME ON SPALDING MOOR PRIMARY SCHOOL**

**This is a rewarding and respected role within the community that  
is appreciated by parents, children and road users.**

Monday to Friday TERM TIME ONLY  
5 hours per week £9.18 per hour  
Training and uniform provided

**Interested? Contact the Road Safety Officer  
at East Riding of Yorkshire Council Tel: 01482 395704**

or apply online: [https://www.eastridingcouncil  
.gov.uk/jobs/job-search/?entry=  
http000374&q=  
School+patrol+officer&p=2](https://www.eastridingcouncil.gov.uk/jobs/job-search/?entry=http000374&q=School+patrol+officer&p=2)

HOSM1111111111

12/09/2020

**PLEASE NOTE THAT THE RATE OF PAY IS INCORRECT AS THE  
ABOVE IS AN OLD ADVERT BUT THE ROLE IS STILL  
AVAILABLE**



### **Adders are warming up...**

With the weather warming up, it's a timely moment to remind all dog owners to be aware of adders, the UK's only native poisonous snake. Adders hibernate over the winter and emerge during the spring, putting dogs at increased risk during the summer months when the weather is generally warmer.

Adders only tend to bite in self-defence, for instance, when they are stepped on accidentally or disturbed by an inquisitive dog. However, when they do, bites can be dangerous as they can induce lameness, vomiting, and changes to the heartbeat, blood pressure, and breathing rate.

They are typically found on dry, sandy heaths, sand dunes, rocky hillsides, moorlands, and woodland edges, although not limited to these environments.

Visually, bites typically result in dark-coloured swelling that can quickly become severe. If your dog has been bitten by an adder, please get in touch with us or your nearest vet immediately.

*from Facebook / Wicstun Veterinary Group 14042024*



## **Holiday Fraud**

We have been informed by Humberside Police that fraudsters are posting adverts on Facebook Market Place for log cabin breaks, caravan and hot tub lodges, the locations differ but are in the UK and can be well known short break destinations. The scammers are using different profiles and names, they will ask you to choose a date and make contact usually via Messenger. The fraudsters will either request a deposit or full payment via bank transfer or PaySafe. The Scammers may even contact you after a deposit is made to say they have received a cancellation booking, enticing you with a better deal and to make full payment.

Once the scammers receive the money, their profile will disappear off Facebook and/or if you attend your booked break be told on arrival you have made no booking/reservation.

If you have been a victim and lost money, call 101 and report it.

Visit [fraudwatch.org.uk](https://fraudwatch.org.uk) for more information about fraud and where to get support.

You can also sign up to receive future alerts at [alerts.fraudwatch.org.uk](https://alerts.fraudwatch.org.uk).

### **SCARECROW COMPETITION, OPEN GARDENS, BAKING AND PHOTOGRAPHY**

The Holme Grown Committee would like to sincerely thank everyone who has ever entered our scarecrow, open garden, baking, and photography competitions, all of the amazing judges we have had over the years, and anyone who has volunteered their help to us in any way since we began in 2012. We have all thoroughly enjoyed our time running this event but all good things must come to an end.

Best wishes The Committee xxx (Sarah Elizabeth Isle)



**Bringing Neighbourhood Watch co-ordinators, members and those interested together across the Humber region.**

Neighbourhood Watch co-ordinators, its members and those that are interested in forming a Neighbourhood Watch scheme are invited to the Humber Watch Association Conference on Wednesday, 5th June 2024, from 12pm to 3pm. This important event, dedicated to Neighbourhood Watch along with enhancing community safety and collaboration, will be held at the Alf Marshall Community Centre, located at 87 Goodhart Road, Bransholme, Hull, HU7 4EE. The event promises to provide valuable insights and networking opportunities for all attendees.

**Event Highlights:**

- **Opening Address:** The conference will be inaugurated by Humberside Police and Crime Commissioner, Jonathan Evison. His address will highlight the critical role of Neighbourhood Watch in maintaining community safety and fostering cooperation between residents and law enforcement.
- **Guest Speaker:** We are delighted to welcome Cheryl Spruce from the national Neighbourhood Watch Network. Cheryl will discuss the latest campaigns and developments within Neighbourhood Watch on a national scale, offering valuable information and resources to enhance local initiatives.
- **Presentation on Rural Crime:** Sgt Kevin Jones from Humberside Police will present plans and strategies on how the force is tackling rural crime. This session will provide practical insights and strategies for people living in rural areas.
- **Free Buffet Lunch:** Attendees can enjoy a complimentary buffet lunch while networking with fellow Neighbourhood Watch co-ordinators, members and those that are interested in forming new schemes, exchanging ideas, and building stronger community ties.

This free event is an excellent opportunity for people to gain knowledge, share experiences, and strengthen their community networks. By attending, people will be better equipped to support their neighbourhoods and collaborate effectively with local law enforcement.

For more information and to confirm your attendance, please e-mail [office@nnetwork.org.uk](mailto:office@nnetwork.org.uk), stating which area you are from Hull, East Riding, North Lincs or North East Lincs.

We look forward to seeing you there and working together to make our communities safer and more connected!

Kind regards,

Neighbourhood Network team, c/o Humber Watch Association



## WhatsApp group chats are targeted by fraudsters

WhatsApp group chat members are being warned they could be targeted by criminals, as Action Fraud reveals it has received 636 reports from victims of the messaging app this year.

The fraud often begins when a member of the group receives a WhatsApp audio call from the fraudster, pretending or claiming to be another member of the group. This is done to gain the individual's trust, and often the scammer will use a false profile picture and/or display name, so at first glance it would appear to be a genuine member of the group.

The fraudster will tell the victim they are sending them a one-time passcode which will allow them to join an upcoming video call for group members. The criminal then asks the victim to share this passcode with them so they can be "registered" for the video call.

In reality, the criminal is asking for a registration code to register the victim's WhatsApp account to a new device so they can take over their account.

Once the fraudster has access to the victim's WhatsApp account, they will enable two-step verification which makes it impossible for the victim to regain access their account. Other members of the group, or friends and family in the victim's contacts, will then be messaged asking them to transfer money urgently as they are in desperate need of help.

### **How to secure your WhatsApp account:**

- **Set up two-step verification (2SV)** to give an extra layer of protection to your account. Tap Settings > Account > Two-step verification > Enable.
- **CALL.** If a family member or friend makes an unusual request on WhatsApp, always call the person outside of WhatsApp to confirm their identity.
- **Report spam messages or block a sender within WhatsApp.** Press and hold on the message bubble, select 'Report' and then follow the instructions.

If you live in England, Wales and Northern Ireland and have been a victim of fraud or cybercrime, report it at [www.actionfraud.police.uk](http://www.actionfraud.police.uk) or by calling 0300 123 2040. In Scotland, victims of fraud and cybercrime should report to Police Scotland on 101.

Find out how to protect yourself from fraud: <https://stopthinkfraud.campaign.gov.uk>

If you found this information useful, please share it with friends and family.



## **Safe and Sound Grant**

You can now have video doorbells fitted through the Safe & Sound Grant. The grant is open to:-

**anyone that:**

Is aged sixty (or over) or disabled

Is not a tenant of East Riding of Yorkshire Council (though if you are a tenant of ERYC then you can apply to a separate fund through your Housing Officer)

Does not have combined household savings of more than £23,250

Has not successfully applied for the Safe & Sound grant in the previous two years

**How to apply**

For the Safe & Sound grant you can request an application form by sending an email to [safe.communities@eastriding.gov.uk](mailto:safe.communities@eastriding.gov.uk) or by calling 01482 396380. Due to the addition of video doorbells, we are pleased to tell you that the Safe & Sound grant has been more popular than ever this year but please don't forget to tell others about it.

# East Riding of Yorkshire

The  
Local Government  
Boundary Commission  
for England

## Have your say on council changes

Help us draw up a new pattern of wards that:



- Means councillors represent roughly the same number of electors
- Accommodates 67 councillors
- Reflects local communities



Consultation closes: **15 July 2024**



<https://www.lgbce.org.uk/all-reviews/east-riding-yorkshire>

## **A MESSAGE ON BEHALF OF THE PHARMACY**

### **URGENT Patient Notice**

Pharmacy closures have trebled in the last year due to issues with national medication supplies, increasing drug costs and challenges due to lack of funding and a staffing crisis. Local pharmacy closures have resulted in new patients coming to us to dispense their medication. The government focus on increasing services provided in pharmacies to reduce the wait for GP appointments and to ensure that patients get the care they need as soon as possible has also increased pharmacy workload.

The above has all added pressure to our busy hardworking team.

We appreciate the frustration that patients feel when their medication is not ready or they have to wait in a queue to collect their items. In order to try and maintain national stock availability medication items are ordered once the prescription arrives. We have changed our supplier model to reduce the number of out-of-stock items and to make the process as quick as possible but the extra steps result in a longer wait for your prescription to be processed. For some items, we have to contact several suppliers to find ANY stock and even then it may not arrive in the delivery. Sadly this is outside of our control.

We can ensure you that we are working as fast as we can to provide you with the best possible service and we care - please bear with us and be kind to our staff.

### **How can you help?**

#### **Repeat Medication**

Where possible, we ask patients to order their medication 7 days in advance of collection – this gives the surgery time to send the prescription across, for the stock to be ordered and the medication to be safely dispensed when it arrives.

#### **Urgent 'acute' Medication**

If you see a doctor at the surgery and are told that the prescription has been sent to the pharmacy it has not always been immediately loaded onto our system. If the prescription is urgent, please let us know and we will do our best to help you.

You can support your local pharmacy by signing the #SaveOurPharmacies campaign at <https://saveourpharmacies.co.uk/>



## Pocklington Mental Health Carers

**Do you support a friend, partner, or family member living with mental illness?**

We are a new volunteer led peer support group offering a confidential and welcoming space where members can share experiences and talk freely, offering each other support and information too.

We recognise the feelings of frustration, and isolation that can be experienced when supporting someone living with mental illness.

**rethink.org**

**We Meet:** the third Tuesday of every month  
2pm - 4pm

**We Meet:** in a central venue in Pocklington Town Centre. Please use the contact details below to find out more information.

**Please come and join us!**

Contact Kate on  
**07921 077280** or  
[pocklingtoncarers@rethink.org](mailto:pocklingtoncarers@rethink.org)

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Registered Charity Number 271228. Registered Office: 28 Finsbury Avenue, London, EC2A 3BH.  
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**HOSM School with courtesy of Babs Firth**



## **HOLME HELPERS NEWSLETTER JUNE 2024**

Hello to all our clients, volunteers and supporters, we are looking forward to the summer and hoping for some better weather, fingers crossed!

We held our Annual General Meeting on the 30th April; the minutes are available by request from [holmehelpers@gmail.com](mailto:holmehelpers@gmail.com)

- ★ **The Pantry** - We continue to support many households within the village each week. We are wholly reliant on donations to continue with our food bank.

If you are able to pop an extra item or two in your shopping for us it is gratefully appreciated, or if preferred please contact us to arrange a financial contribution.

In particular we require:

**Tinned Meat products (not meatballs or hot dogs)**

**Toilet Rolls**

**Baked Beans with Sausages**

**Tinned Fruit**

**Instant Coffee**

**Tea Bags**

**NO PASTA or CEREAL required at present thank you**

**Please note** - Donated goods must be clean, any packaging sealed, labels intact and in date – otherwise we are unable to use them.

- ★ **Prescription Delivery** - We have now recruited an additional volunteer to enable us to maintain a 5 day delivery service.

- ★ **Gardening Service** - We want to re-start our service now that spring is upon us, however we have no volunteers to provide basic garden maintenance for those clients unable to manage. All equipment will be provided, we just need YOU! Please contact us if you can assist.
- ★ **Facebook page** - [Facebook](#) please click on our page, follow & like us to keep up to date with our news.
- ★ **Join Easy Fundraising to support us** -This costs you nothing, just shop via the website to raise money for us directly, it's quick & easy, just click on the link [Holme Helpers Fundraising | Easyfundraising](#)
- ★ **Would you like to support us with a financial DONATION?** We have a Just Giving page [www.justgiving.com/crowdfunding/holme-helpers?utm\\_term=V8aE3A3EM](http://www.justgiving.com/crowdfunding/holme-helpers?utm_term=V8aE3A3EM)

As a non-profit organisation, we rely on the generosity of individuals & organisations Any contribution, no matter how small, can make a significant difference. We are entirely run by Volunteers and every penny we raise goes towards providing essential services to the local community.

**IF YOU OR SOMEONE YOU KNOW NEED OUR SUPPORT, PLEASE DO CONTACT US VIA THE DETAILS BELOW.**

Best wishes

DIANE

Diane Cavenche, Chair Holme Helpers

[holmehelpers@gmail.com](mailto:holmehelpers@gmail.com)

[holmehelperspantry@gmail.com](mailto:holmehelperspantry@gmail.com)

Holme Helpers 07395935907

Holme Helpers Pantry 07857554129

Facebook Messenger via our page [Holme Helpers | Holme | Facebook](#)

**Holme Helpers offer support to the community through:**

- \*Prescription delivery service for housebound residents with no-one to collect medications for them
- \*Essential shopping for housebound residents
- \*Visiting/ befriending isolated residents
- \*Gardening assistance for those residents no longer able to maintain their garden & unable to afford or find a gardener

**Holme Helpers Pantry offer support to the community through:**

- \*Food parcel delivery by request for residents in need
- \*Taking referrals from individuals directly or from third parties
- \*Support Pantry users with additional comforts at Christmas



**WESTERN WOLDS MEN IN SHEDS**

The future of our shed is looking good with smiling faces everywhere.

New members are always welcome and even if you just want to call in for a cuppa and a look round.

We are on Bulmer Lane, just outside the village and are open 10.00am till 4.00 pm Tues, Wed, Thurs. and Fri.

Our shed phone number is 07958556888 and if it's not answered we will ring you back.

Donations of tools, hardwood and plywood are always welcome as is sponsorship no matter how small.

EAST RIDING  
LIBRARIES

# MOBILE LIBRARY

THURSDAYS

Holme on  
Spalding Moor

Village Hall Car Park  
High Street  
YO43 4EN

10am - 5pm

*"Bringing your library into your community"*

 [eastridinglibraries.co.uk](http://eastridinglibraries.co.uk)

   @East Riding Libraries



EAST RIDING  
OF YORKSHIRE COUNCIL

# MOBILE LIBRARY

Holme on Spalding Moor

11 and 25 January 2024

8 and 22 February 2024

7 and 21 March 2024

4 and 18 April 2024

2, 16 and 30 May 2024

13 and 27 June 2024

11 and 25 July 2024

8 and 22 August 2024

5 and 19 September 2024

3, 17 and 31 October 2024

14 and 28 November 2024

12 December 2024

9 and 23 January 2025

6 and 20 February 2025

6 and 20 March 2025

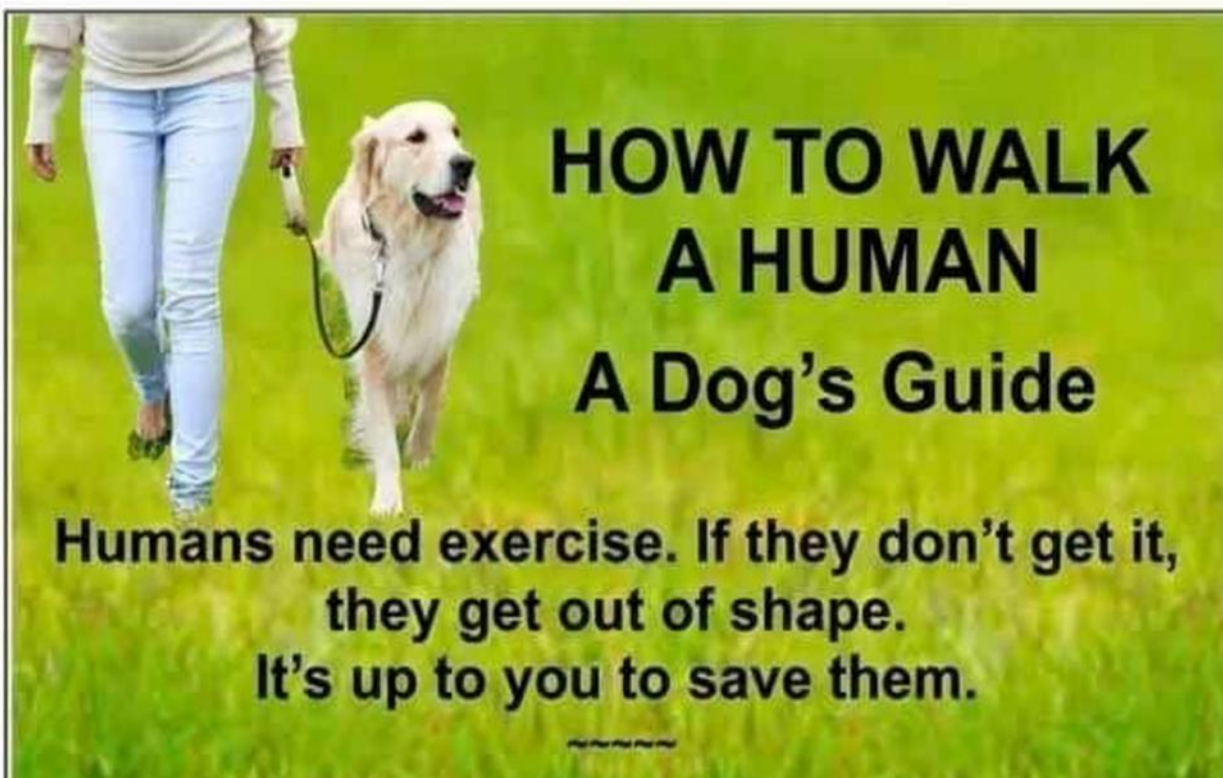
3 and 17 April 2025

## Free Text Message Service

Speak to a member of staff to sign up to our free text message service for reminders and updates.

Renew and reserve books online at

 [eastridinglibraries.co.uk](http://eastridinglibraries.co.uk)



# **HOW TO WALK A HUMAN A Dog's Guide**

**Humans need exercise. If they don't get it,  
they get out of shape.  
It's up to you to save them.**

- 1. Allow your human to tether themselves to you. This keeps them from wandering off or running away.**
- 2. Your human will probably need breaks. Be considerate and stop and sniff often.**
- 3. Bark frequently. Human have short attention spans.**
- 4. When you go to the bathroom, walk away. If you have trained your human correctly, they will pick it up. It is good aerobics.**
- 5. Periodically drag your human as fast as you can. This is called *Interval Training*.**
- 6. Do not allow your human shorten the walk. They are being lazy. Sit in protest if you must.**
- 7. Once you return home, allow your human to remove their tether, then lick their face many times. This is positive reinforcement for a job well done.**